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The second delivery of *DeporVida* deploys a variety of interesting topics. We remind the researchers that it is of most importance to request for an ORCID register; it can be obtained free of charge in the url: <https://orcid.org/>. From the beginning of the current year, it is mandatory the execution of this parameter with a view to the indexation of this magazine in different databases.

The present issue offers to the readers' consideration original titles as *Power in lower limbs through Bosco Test in table tennis*; likewise, *Teaching tasks aimed at the styles of teaching-learning in the primary education of Physical Education*; also, *Didactic actions to promote the mutual and self-evaluation in Physical Education*.

The magazine recommends *Games to enhance the technic in weightlifters of 11-12 years of Holguin*; *Influence of the Thai massage in a patient with hemiplegic syndrome*, as well as *A therapeutic chart to favor the balance in patients with Parkinson*.

Suggested readings are: *The explosive force training in the 100 meters runners of the U18 category*; *Dignity and professional development of the Physical Education and Sports professors: notes for a debate*; *The teaching-learning of judo in the major degree of Pedagogy of the Physical Activity and Sports*; and *Curricular strategies in the Rhythmic and Ludic Education within the Bachelor's degree in Physical Culture*; all these articles are of inestimable value for the professionals of the specialty.

We specially recommend the reading and analysis of the works proposed in the revision category, as *Criteria for the detection of 10-12 year-old talents for basketball* and *The experiment in scientific research*. Once again we invite the scientific community, eager of disclosing their investigative results, to deepen in the formal requirements for a publication to climb a noted position in the catalogs of international databases.

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