

EDITORIAL 53

The journal *DeporVida* is proud to announce the third issue of the year 2022, corresponding to the quarterly period of July to September; an issue that is marked by advances in the quality management.

The present year has served to continue elevating the rigor of this publication throughout the publishing process by means of the presentation of researchers' contributions to the Physical Culture studies; researchers that not only belong to the University of Holguín but to universities of other provinces as well, and abroad.

One of the results of the publishing management has been the continuous efforts to be included in indexes and databases. To this end, close attention was paid to the enhancement of the publishing quality, the quality of the contents of the articles, and to the adjustment of the rules and standards of our reviewers.

The endeavor resulted in important achievements and opportunities of greater visibility and perseverance. Today, *DeporVida* rejoices to be part of not only the **Directory and Catalogue 2.0 of Latindex**, but also of **CLASE** (Latin-American Citations in Social Sciences and Humanities) of the portal *Biblat*, of **DOAJ** (Directory of Open Access Journals), of **MIAR** (Information Matrix for the Analysis of Journals), of **CiteFactor** (service that provides access to journals of high quality) and of **EuroPub** (thorough database that contributes to research in all fields).

Cooperation with directors and editors of national and international journals alike, for the request of authors' contributions and exchanges of this kind, has also increased.

In this installment, *DeporVida* is pleased to have six articles aimed at the study of particularities of various sports. These are: *Study on self-confidence and psychological performance in under-16 football players in Manta, Ecuador* that obtained as a result that the level of psychological status of the players affects the physical level in hours of training and / or competitions; *Periodização específica para o voleybol: estruturação subjetiva da carga do treino com bola* whose author creates a graph of the classification of ball training to facilitate the volleyball coach the subjective structuring of the training load before technical training and training in a game situation; *Didactic model of interdisciplinary transfer for the control of the technical-tactical component of the nague-waza* studies the application of a novel evaluation system to solve the deficiencies of technical actions; *Exercises for detraining in the youth category 17-20 female years of weightlifting* brings a proposal of exercises for the detraining of the youth category 17-20 female years of weightlifting, with the purpose of perfecting this theme in this sport, readapting the weightlifter's body and avoiding non-communicable diseases at this early age; *Pedagogical strategy for the integration of the family in the initial formation of the baseball player* conceives a viable proposal to develop a sports environment linked to the integration of the family in the process of initial formation of the baseball player that allows to develop the personal identity and transmit new cultural knowledge that contribute to the sports training and *Manual of methodological guidelines to edit the musical accompaniment of aerobic routines* describes the structure of a manual of guidelines containing a methodology to edit the musical accompaniment of aerobic routines due to the need to overcome the mentors of Aerobic Sports Gymnastics.

The rest of the works address varied and necessary topics such as the social integration of young people with special educational needs, the evaluation and motivational factors of

medical students in the practice of physical exercise and the preparation for employment of professionals in the process of continuous training.

This edition has the usual dozen articles, provided by authors from Guantánamo, Pinar del Río, Holguín, Angola and Brazil. Our most sincere acknowledgement to researchers, authors, experts, reviewers, the scientific and publishing board, as well as to those who have offered their contributions anonymously.

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